



HAMBLETON ATHLETICS & RUNNING CLUB

MINUTES OF COMMITTEE MEETING

Meeting held 7th February 2022

MINUTES

1. Attendees & Apologies

Attendees: Ruth Hancock (Chair, RH), Chris Lees (CL), Gemma Wardle (GW), Anna Bonner (AB), Sara Sherwood (SS), Kay Kelly (KK), Alice Inglis (AI) & Tony Jowett (TJ)

Apologies: Nigel Haresign

2. Review of actions from meeting dated 6th December, Matters Arising

CASC Status – ongoing action for CL

HARC Event Tent – faults have been identified with tent quality, CL to investigate refund. Noted that it could be helpful to use a groundsheet/tarpaulin in future events

Events listing – ongoing but as noted in Head Coach report time has prevented finalisation and publication. AB to assist with this

Awards Sub-Committee – initial meeting now scheduled for Monday 21st February.

Membership fees – now set for 2022/23 and agreed

Meeting minutes – agreed that minutes and Chair's report will go onto the club website.

Kit – order placed with Scimitar for 10 x men's vests

3. Review of reports from Chair, Head Coach, Treasurer & Membership Secretary

Chair: Agreed this will be published with the meeting minutes.

Head Coach: No questions, confirmation that AB will assist in finalising, publishing and maintaining the events list.

Treasurer: Noted some changes post report submission (payment to Scimitar, Bedale Car Boot). Confirmed that after costs the HARC Angels event raised a total of £410 for Mountain Rescue, committee agreed this can be split and £205 each sent off to the Swaledale and Cleveland teams.

Membership Secretary: Noted that the current C25K programme has not generated any new members. Participation has been hit by Covid amongst other issues and the two most regularly

attending members are already club members. Coaching team to consider what changes may be needed (if any).

Car Boot Sale – confirmed date of 9th April. Will require lots of volunteers for both early (ca 5.30am) and later shifts, AI to publicise with members and coordinate volunteers.

4. AGM Process

As previously agreed the AGM will be held at the Buck Inn, Thornton Watlass on Monday 7th March at 7pm. Based on current club rules this means the following key dates:

- Monday 14th February – AB to circulate role outlines & skills matrix to members and invite volunteers/nominations (see note below)
- Monday 21st February – Annual reports from Chair, Head Coach, Treasurer, Membership Secretary to be submitted to AB for circulation to members
- Monday 28th February – Deadline for receipt of nominations/volunteers

There was some discussion on the process for committee election, size of the committee and role distribution. Agreed that the current size of 9 members is sufficient in terms of voting on club business but given the number of roles which have to be covered we definitely need additional volunteers. To simplify the process, the committee agreed that only the roles of Chair, Secretary, Treasurer and Membership Secretary will be elected at the AGM. The remaining five committee members will be elected without a specific role. At the first meeting following the AGM, the additional roles of Head Coach, Welfare and Deputy Welfare Officer, Competitive Team Manager, Officials Coordinator and Publicity will be shared out amongst the nine committee members (based on willingness and skills). All other roles will be filled by volunteers who will report in to the committee as and when needed.

ACTIONS:

AB to draft communication for members regarding AGM, election of committee members and volunteers process

GW to finalise Skills Matrix and embed in role descriptions

AB to check club constitution regarding self nomination [Post meeting note – club rules do require members to be proposed and seconded in writing to the secretary but does not specify that members cannot self nominate so we can allow this]

5. Publicity Process

Committee agreed that while SS has done an excellent job of compiling event reports and gaining publicity for the club, particularly in terms of website and social media engagement, it has become a cumbersome and time consuming process. It isn't always apparent when members have participated in events and getting information can take time. Agreed that the events listing will help SS to understand when people may be at events and to proactively seek feedback but in the main members will be encouraged to create their own event reports and share with the club. Also noted that the priority for publicity is to keep the club's public page visible by maintaining the cadence of weekly posts.

Noted that specific events such as the car boot sale, crowd funding will need additional publicity, consider What's On pages (Facebook already in use) and additional village groups.

ACTION: SS to prompt members through regular posts (eg medal Monday type posts)

6. Coaching Kit

As the coaching team has expanded it has become apparent that standing still to lead sessions such as Intervals and C25K can be very cold. Given previous discussions around club finance, it was agreed that the Club will source windproof/waterproof jackets & tracksuit pants which will be offered to all members but coaches will receive a 50% subsidy from the club. Agreed that these outer layers can be black instead of HARC blue.

Also agreed that it would be helpful for coaches to wear HARC Hi Vis vest saying "Run Leader" or similar (ideally in reflective print) so that on a run they are clearly identifiable and also publicising the club. These would be held as club stock rather than being bought by individuals.

ACTION: AB to work with CL to identify suitable outer layers (ideally similar to EA jacket CL already has); AB to also investigate sourcing reflective vests

7. Mental Health First Aid

AB reported that EA are offering us MHFA course at £100 each, which is supposed to be a reduction from £350. All agreed this is worth investigating further as while it is considered a good idea there may be other options for training, including group sessions potentially with other clubs. Agreed to put on hold until after the AGM

8. Crowd Funding

AI reported that the Crowd Funding will be based on establishment of a Junior section of the club and also targeting rural communities (based on current membership lists we cover a lot of small villages). With other commitments it was agreed that May will be the best month to launch the crowd funding.

ACTION: AI to draft pledge and target; AI & GW to look at sourcing prizes

Additional notes – Tesco grant application submitted; Consider looking into Amazon Smiles for fundraising and potentially a raffle licence

9. AOB

HARC Charity – there have been some previous discussions that we should nominate a charity for a whole year instead of just for the HARC Angels event – to be revisited after the AGM

Date of next meeting: AGM, Monday 7th March 2022

Prepared by Anna Bonner, 9th February 2022

Hambleton Athletics and Running Club

Chair's Report

Prepared by Ruth Hancock on 30th January for the Committee Meeting on 7th February 2022

Happy new year!

It's been a little quieter on the race calendar these last two months, which is hardly surprising when you factor in the colder weather, Christmas commitments, injuries and the national spike in Covid-19 infections that has inevitably hit our intrepid HARC athletes too. We've had entrants in the following since the last committee meeting:

- 11th December Hardmoors Roseberry Half
- 12th December Hardmoors Roseberry Full
- 19th December Bedale 5K Christmas Fun Run
- 28th December Jolly Holly Jog

As ever, apologies if any have been missed. Please feel free to mention them during the meeting so they can be added accordingly.

Our continued thanks to Sara Sherwood for her excellent reporting on these events. The WhatsApp group, Strava and Facebook page are the main means for congratulating athletes, and keeping track of which events have been tackled.

The North Yorkshire and South Durham's League Cross Country continues with some very muddy meets completed at Summerhill and Ormesby Hall. Numbers in the ranks have swelled with a few more members joining the team – it's either FOMO or the mud that's attracted them!

HARC's first Christmas Party on Friday 17th December at Solberge Hall Hotel was a Prosecco-fuelled enjoyable event. Thanks go to Nigel Haresign for organising, with Gemma Wardle's support. There was certainly fun to be had on the dance floor and a chance to wear non-running gear for once!

The annual HARC Angels fundraising event, this time supporting the Swaledale and Cleveland Mountain Rescue Teams, took place during December, with entrants submitting evidence of their 5k runs online. Special mentions to Liz Sowter (Swaledale Runners) as she completed 5k of climbing for her individual challenge and Zak Donachie, our youngest medal-winner. A big 'well done' to all involved, whether you be participants or organisers.

Parkrun continues to be supported with members attending Northallerton, Fountains Abbey or Darlington South Park on a regular basis. A few members have also taken the opportunity to partake in a little Parkrun tourism too, with The Cinder Track at Whitby and Princes Park in Liverpool being two of the more recent venues.

Events on the horizon include more cross country meets, the next being at Richmond on 6th February, and a social Sunday trail run with pub lunch at Fremington the week after.

As the nights begin to get a little lighter, let's hope for warmer climes to reinvigorate us and encourage more of us to get out there putting one foot in front of the other.

Good health and happiness to you all in 2022!