



## COMMITTEE MEETING MINUTES

### DATE:

20<sup>th</sup> September 2023

### TIME: VENUE

7pm, HARC HQ

### CHAIR:

Gemma Wardle (GW)

### IN ATTENDANCE

Lynn Inglis (LI), Secretary.  
 Chris Lees (CL), Head Coach,  
 Alice Inglis (AI), Membership Secretary  
 Michelle Slade (MS) Committee Member  
 Ruth Hancock (RH) Committee Member  
 Becky Williams (BW1) Committee Member  
 Katy Bamber (KB) Committee Member  
 Bridget Wilson (BW2) Committee Member

### APOLOGIES

Graham Finlay (GF) Treasurer  
 Nigel Haresign (NH) Committee Member  
 Sara Sherwood (SS) Committee member

Item	Discussion	Action / Timescale
	GW welcomed all those present, and apologies were noted. A warm welcome was extended to new committee members MS and BW2.	
<b>1</b>	<p><b>Review of actions from previous meeting:</b></p> <ul style="list-style-type: none"> <li>An update by CL was highlighted with regards to the progression of the Community Amateur Sports Club (CASC) status. CL reported that he has sent his proposed changes to the Articles of Association to GF to review and this will be followed up with a meeting to create a new draft and will be reviewed at the next meeting. GW and LI will also be drafted in to review the club rules.</li> <li>To ensure that all members have signed the England Athletics (EA) Codes of Conduct 2023, AI will share a video on the member's WhatsApp group of the process.</li> </ul>	<p><b>Action – CL &amp; GF</b> For review at next meeting 4<sup>th</sup> December</p> <p><b>Action – AI</b> 4 weeks</p>



	<p><b>Treasurer – GF</b></p> <p>No issues arising from this report.</p> <p><b>Head Coach -CL</b></p> <p>CL has profiled the attendance of members at sessions from September 2020. The attendance has been split by type and location and has determined that the split and members are even between the Bedale and Northallerton locations. Attendance has been noted to have increased, especially over the summer months and on average the intervals sessions having the best attendance.</p> <p><b>Welfare – CL &amp; AI</b></p> <p>No issues to discuss - CL and AI continue to contact individual members who have requested specific support and to check in with those who have not attended sessions in a while.</p> <p><b>Membership Secretary / Fundraising -AI</b></p> <p><b>Membership</b></p> <ul style="list-style-type: none"> <li>No issues arising from this report.</li> </ul> <p><b>Fundraising</b></p> <p>AI reports various actions are currently in progress:</p> <ul style="list-style-type: none"> <li>AI discussed if we still require a presence at the Council “ordinary” meeting on 15<sup>th</sup> January 2024 where the selection process takes place for the 2024 Bedale car boot sale. RH agreed to attend the meeting, with other volunteers welcome to also attend. Alice to submit application by end of November 2023.</li> <li>Easyfundraising – AI advised that since June 2023 we have raised £212 for the club, this is only from 7 members who have signed up. AI to promote the easyfundraising in the whatsapp groups and coaches to remind members at sessions. This is very easy way to raise quite a bit of money for the club.</li> </ul>	<p>Action - AI</p> <p>Submit application by 30.11.23</p> <p>Action – AI</p> <p>Add details of how to sign up in WhatsApp chats - within 2 weeks.</p>
<p><b>3</b></p>	<p><b>Social and fundraising Team Update:</b></p> <ul style="list-style-type: none"> <li>The Social Team proposed that this year's HARC Angels 5k takes place at a Parkrun, probably Northallerton, (there are potential signal problems at Fountains Abbey) and to possibly coincide with a HARC parkrun takeover.</li> </ul>	<p>Action – RH</p> <p>Contact ParkRun in Northallerton</p>

	<p>The team suggest that the club would advertise the event as usual, offering either virtual participation or a particular date at a Parkrun. During the Parkrun our marshals, wearing angel wings, would also have signs showing the medals and congratulate those earning their medal on the day. They would also encourage other park runners to sign up at the end for a medal and raise money for charity by scanning QR codes linked to the registration page at the finish.</p> <p>RH has agreed to contact Northallerton Parkrun to discuss the proposal and a date, however avoiding 10<sup>th</sup> December, with is already delegated as a Northallerton Santa run.</p> <p>BW1 has previously sent the committee 4 nominated charities and the committee unanimously voted for Lucy's Animal Rescue, based in Thirsk to be the recipient of this year's fundraiser.</p> <ul style="list-style-type: none"> <li> <b>HARC Awards Night</b>  Ticket sales are currently 22 with the potential of plus ones being allocated. Decorations from last years event will be used and a seating plan utilised to ensure the coaching team and committee are seated alongside other members to generate conversation and comfort. The team requested a budget of approximately £2.50 per person for the purchase of chocolates from Ballantynes for table favours. This proposal was agreed by the committee. </li> </ul>	re: possible dates. By end of October 2023.
<b>4</b>	<p><b>London Marathon Club Place Ballot:</b></p> <p>GW discussed that our current process may not be the fairest way of allocating the London Marathon club place. As it stands:</p> <ul style="list-style-type: none"> <li>- the same person could potentially be selected to receive the place year after year.</li> <li>- a recipient could be offered our club place having already been offered a place via another club.</li> <li>- our expectations of the recipient are not clear.</li> </ul> <p>However, any changes would not take effect for this year's ballot as the process has already started but should be confirmed ready for the ballot for the 2025 Marathon.</p> <p>The committee agreed that the process does require more clarity and one example was by weighting the ballot, however MS and BW2 agreed to form a committee subgroup to discuss further and liaise with CL.</p> <p>Once the ballot is ready for drawing, CL will use the online random picker wheel to select the winner.</p> <p>BW1 has withdrawn from the upcoming ballot for a 2024 place.</p>	Action - MS & BW2  To meet, discuss and liaise with CL before next meeting on 4 <sup>th</sup> December.

<p><b>5</b></p>	<p><b>Run and Talk Week:</b></p> <p>This takes place 9<sup>th</sup> – 16<sup>th</sup> October 2023 to coincide with World Mental Day on 10<sup>th</sup> October where the theme this year is 'Mental Health is a universal human right'.</p> <p>'RunAndTalk' encourages people to run one mile of more and to have a chat with other runners whilst doing it and to promote mental wellbeing and running. The committee discussed and reiterated that this ethos is actively always encouraged, however any club member who may require further support may contact the welfare officers CL and AI or the MH Champions LI, KB and NH.</p> <p>Further information about this week will be made available in October in the members WhatsApp group, Facebook and from the coaches leading the sessions of that week.</p>	<p>Action- KB, LI and NH</p> <p>For 9<sup>th</sup> October</p> <p>KB to submit item for facebook.</p>
<p><b>6</b></p>	<p><b>Northern Athletics Affiliation:</b></p> <p>To take part in regional track and field events (Northern Region), the club needs to be affiliated to Northern Athletics. This involves a cost per member which must be paid for every club member. Since most of our members do not wish to take part in these events, this does not seem fair, or athlete centered. CL has expressed these concerns with Northern Athletics and the response was that this was not negotiable due to England Athletics' stance on funding. This has only directly affected Harvey. EA rules are that race, or event organisers can determine whether second claim member is also allowed to compete.</p> <p>The fee would be £2 per member per year. CL will bring this back to the committee for further review before the next season begins.</p>	<p>Action- CL</p> <p>Review 4<sup>th</sup> December at next meeting</p>
<p><b>7</b></p>	<p><b>New agenda format:</b></p> <p>The committee discussed and agreed a new agenda format where items submitted to the secretary prior to the meeting will include a brief overview for committee members to read in advance.</p> <p>The committee discussed and agreed that a written report is not required prior to every meeting from the head coach and membership secretary if there are no significant issues to be discussed.</p>	
<p><b>8</b></p>	<p><b>AOB:</b></p> <ul style="list-style-type: none"> <li>CL requested a working party to think about how to manage any complaints, comments etc. relating to the</li> </ul>	<p>Action – CL, MS, BW1 and AI</p>

	<p>club. Chris reiterated the suggestion made in the committee group regarding developing an agreed way forward to manage any issues which may arise. This follows a discussion held by CL with British Athletics Coaches Association (BACA). All agreed this was a sensible suggestion and MS, CL, BW1 and AI agreed to meet to discuss.</p> <ul style="list-style-type: none"> <li>• CL advised that for information only England Athletics have been consulting on a change to the age groups with regards to Juniors in the U12, U14 and U16 age categories.</li> <li>• GW suggested that the awards committee, sub-group should change each year, but leave at least one person in the group from the previous year to ensure continuity. The total number should remain at 3 people and does not have to include the head coach; however, they will still be called upon to contribute information relevant to certain awards.</li> <li>• Post meeting request from CL for the purchase of 2 sets of marker cones for intervals, athletics and C25K at a cost of £24. Request agreed by the committee via whatsapp.</li> </ul>	<p>and review at next meeting on 4<sup>th</sup> December.</p>
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## NEXT MEETING

4<sup>th</sup> December 2023 at 7pm @ Lynn's House. (Address to be made available via Committee WhatsApp)